



THE COLLEGIAN

SAINT MARY'S COLLEGE OF CALIFORNIA
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Claudia Aguilera

Moraga, California

Wednesday, September 6, 2006

Volume 104, Number 2

Breakthrough in HPV treatment and prevention

Human Papilloma virus vaccine soon to be available

by Be'Anka Macey
Staff Writer

A vaccine for human papillomavirus (HPV) will soon be able to prevent transmission of the virus with future as well as current generations. HPV, most prevalent in women, is the leading cause of cervical cancer. The vaccine will hopefully protect women currently infected with HPV and also prevent those who are not infected from acquiring it.

Wallace Jones Jr., MD of Obstetrics and Gynecology at Kaiser Permanente Santa Teresa Medical Center said, "It's the biggest breakthrough in this decade." The virus is very prevalent and has been, before now, only preventable by abstinence. "Condoms don't prevent HPV. Any bodily contact can cause HPV," said Doctor Jones.

The vaccine, which is currently unavailable at Kaiser as well as many other health centers, is considerably expensive and under the monopoly of one company who developed it. Kelly Doyle-Matta, PA-C of the Saint Mary's College Student Health and Wellness Center said the vaccine "is a series of three shots and it may cost up to \$500."

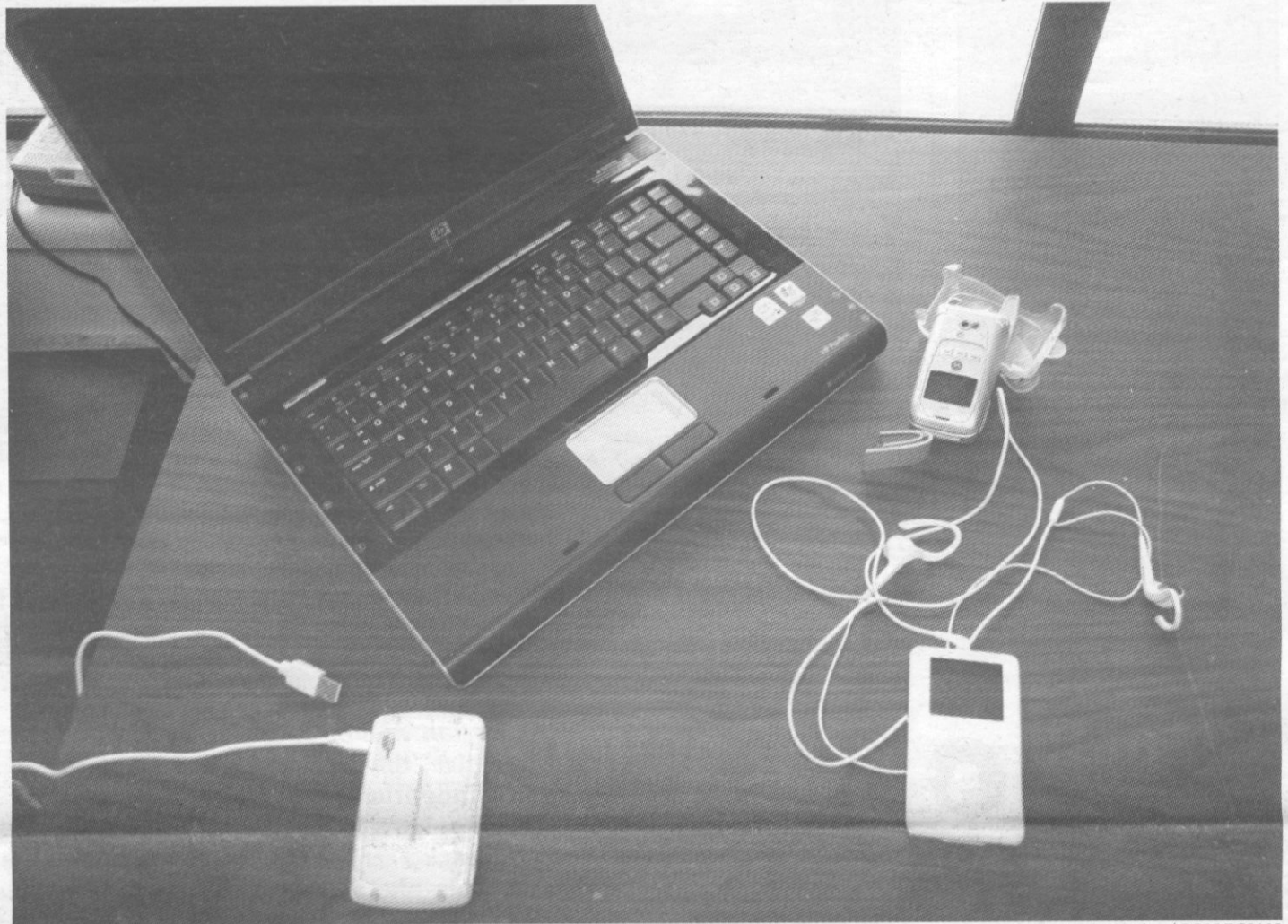
HPV is detected through pap smears. Doyle-Matta said, "80 percent of sexually active people will acquire HPV at a certain point. Ninety percent will resolve spontaneously on its own." The virus, however, is still responsible for 95 percent of cervical cancers; which is the second most common, behind breast cancer, in women.

The HPV vaccine will only be available for women, but men are still possibly affected by the virus. Doctor Jones said, "There isn't a test for him yet. Guys can possibly get genital warts; they can spread it to their sex partners." HPV and genital warts are not connected in the sense that

see HPV, p4

Theft a significant issue at Saint Mary's

Students advised to watch belongings, report stolen items immediately



Annie Douglass/ COLLEGIAN

by J. Harry Painter
Staff Writer

Students new to Saint Mary's College may be surprised to find that despite the intimacy that comes with the school's small size, they are still at risk of falling victim to thievery.

Last year, 42 cases of theft were reported to the Department of Public Safety. These were comprised of 17 petty thefts, 16 grand thefts and nine unclassified thefts. These numbers include incidents during the summer months, as well as the theft of college property off campus.

Chief of Public Safety Bill Foley thinks that some items are more commonly desired than others. "It varies; the items that are easily taken is jewelry that's left out, money that's left out, cell

phones, iPods and similar devices," said Foley.

Jim Sciuto, associate director for community life, agrees that concealable items are more attractive targets. "Laptops, iPods, those would be the two that come to mind the most," Sciuto said.

However, people have also been known to steal larger items, such as sofas and tables, and even vehicles including golf carts and automobiles. One such incident occurred recently.

"We were moving into Sabatte, and someone stole our blue chair the day before we moved in," said Mark Gilson '07, senior class president. According to Gilson, work was being done on his room on Thursday, August 24, and the sofa was gone by the next day. The doors had been left unlocked during this time, exposing the

room to thieves.

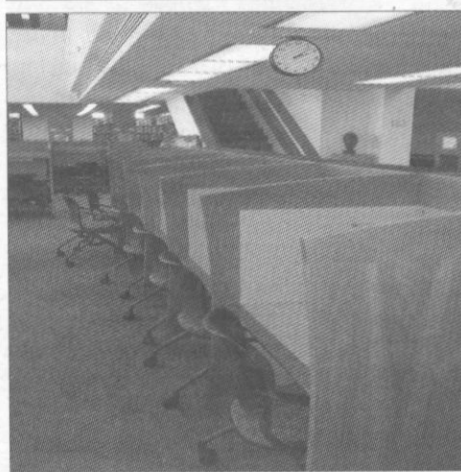
There are no signs that the theft problem has improved over the years. "In '94, we had a total of eight stolen vehicles. Of the eight, two were golf carts that were recovered. We had six other cars stolen; five of those were recovered. Last year, in 2005, we had six vehicle thefts," Foley said.

But not every theft reported is discovered to have merit. According to Foley, "We recover most cars on the campus, which in most cases we discover is not a car theft."

Still, the number of complaints has not diminished. "From the numbers I've seen, it's been pretty similar from year to year," Sciuto said.

Despite this fact, Foley does not believe

see THEFT, p4



Annie Douglass/ COLLEGIAN

New desks and chairs have been added to accommodate the studious students.

Library Renovations improve study space for students

New furniture gives Saint Albert Hall new look for a new school year

by Oliva Talavan
Staff Writer

While students may not have noticed it last year, Saint Mary's budgeted library renovations that have been taking place for nearly two years, but now all the planning has something to show. The library staff and Architectural & Construction Services have worked together planning and designing the look of the second floor. The old carrels that populated Saint Albert Hall's second floor for over 20 years have now

been replaced by new and larger carrels.

"The need for library space at Saint Mary's is a long-standing issue," said Dean of Academic Resources Thomas Carter. "When the plans for a new library fell through a couple of years ago, the College decided to do what it could to improve the current building."

Renovations first started two years ago, with the replacement of the carpet on the first floor. The school decided that it was now time for the second floor. "We are trying to make the library a more comfort-

able environment for students," said Sharon Walters, head of access services.

The actual construction started this summer in August where the old carpet was ripped out and replaced. Larger carrels were added that can now fit a student's laptop and notebook side by side. Along with the wider desk space, there are new ergonomic chairs to minimize discomfort and help posture. Lastly, new electricals have been added to plug in computers to

see RENOVATIONS, p4

OPINION

Roots of Hip Hop forgotten?
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DETOUR

Paris Hilton as a singer-
not too hot
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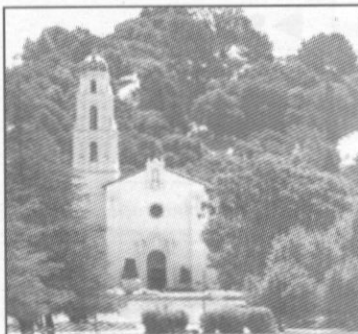


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The Collegian

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THE COLLEGIAN

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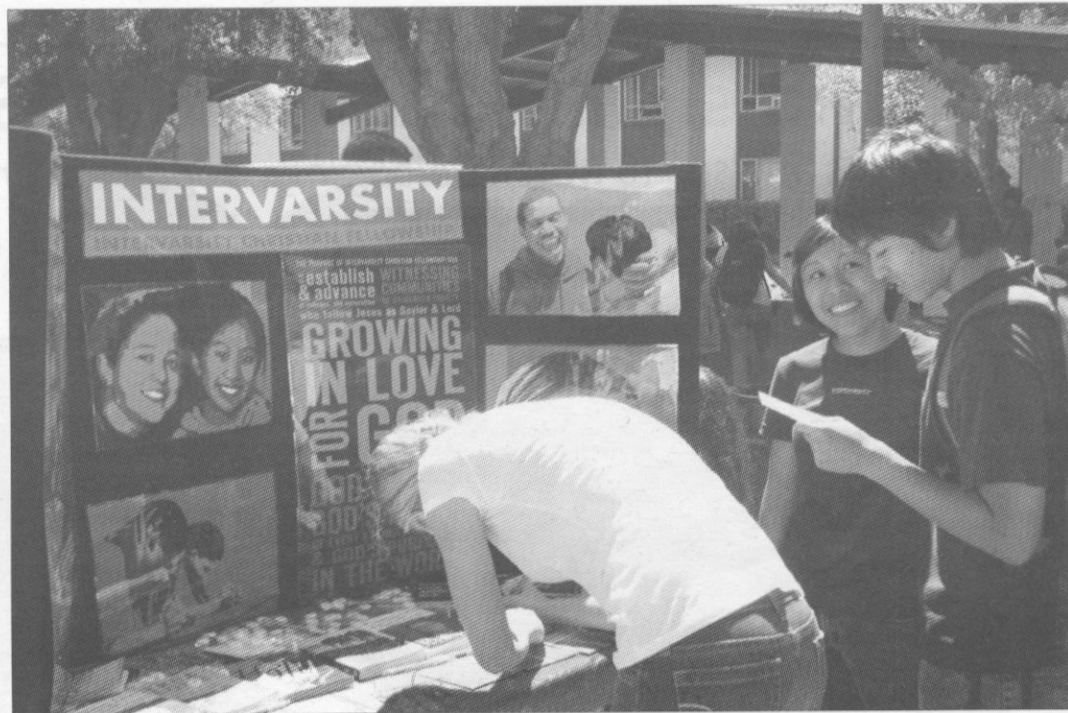
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SnapShot



Annie Douglass/COLLEGIAN

Students gathered around various booths at last week's Involvement Fair to check out the numerous ways to get involved at Saint Mary's College.

The 2006-2007 staff of *The Collegian* wishes to invite all photographers to join this year's staff. As an incentive, the second page SnapShot a weekly featured photo, will now be a competition for the best picture taken in a week. This competition will be judged by the Editor-in-Chief and the Managing Editor, Linda Hua and Zack Farmer. From these photos one will be selected as the year's best. This photo will be sent to the Associated Student Press as part of a national competition for photo excellence.

Crime Beat

8/25	10:30 p.m.	Incident: Arson to Occupied Building	Synopsis: Cell phone stolen in Dante Hall.	the influence on Saint Mary's Parkway; referred to Student Conduct and Moraga Police Department, arrested, cited, and released.
8/26	1:13 p.m.	Incident: Fire Alarm Activation	Synopsis: Paper on cork board set on fire in Mitty Hall; referred to Student Conduct.	8/29 1:05 p.m. Incident: Reckless Driving
8/27	2:00 a.m.	Incident: Burglary	Synopsis: Six foot purple couch taken from Sabatte Hall; referred to Student Conduct.	Synopsis: SMC van driving recklessly at Pleasant Hill and Olympic; referred to Athletics.
8/28	6:10 p.m.	Incident: Theft	Synopsis: Student driving under	8/29 7:04 p.m. Incident: Suspicious Circumstances
				8/30 12:20 p.m. Incident: Petty theft
				Synopsis: Spanish Higher Learning books, \$175 value stolen from bookstore; referred to Student Conduct.
				9/1 7:50 a.m. Incident: Petty Theft
				Synopsis: Stolen paper towels and toilet paper from the SMC warehouse; referred to Physical Plant.

Beyond the Bubble

NATIONAL AND WORLD NEWS BITES



Courtesy of www.discovery.com

BATT REEF, AUSTRALIA - Steve Irwin, the "Crocodile Hunter", died while shooting a new series called *Ocean's Deadliest*. A stingray stabbed Irwin with the barb on its tail puncturing Irwin's heart. "He came on top of the stingray and the stingray's barb went up and into his chest and put a hole into his heart," said John Stainton, friend and colleague of Irwin's who was on crew that day.

Irwin was pronounced dead by paramedics upon arrival. The barb of the stingray can be up to 10 inches long and flexes when it feels threatened. Its sting is excruciatingly painful and poisonous but is rarely fatal.

Irwin started his career in 1992 with the television show *Crocodile Hunter* and became world renowned when the Discovery Channel picked up the show. Irwin, 44, is survived by his wife and two children.



ZACK FARMER

My legacy, what shall it be?

I look around this little office and I notice: every managing editor has left his/her mark on *The Collegian*.

The official job description gives us the responsibility to communicate between the editor-in-chief and the general staff—not necessarily is our impact seen in the paper itself, but something else seems to be required...something unwritten.

Going through the managing editor's computer, I found an immense amount of music on it—much of which Linda [Hua] had to "borrow." Some of this music is a few years old. There are other things lying around as well: Amy Beth Kelly's picture frame, expired restaurant coupons, ticket stubs, endless bottle caps to decorate the ceiling, you get the picture.

But for as long as I can remember, there has been a bright green apple on the desk of the managing editor. Not one of those faux apples you would give a teacher, professor or anybody else. Real.

When Jo-Ann Arquillano, our most previous managing editor, graduated from Saint Mary's, I thought that would be the end *The Stalker Chronicles* and of the apple. But four months after she left the desk for me to occupy, the apple still sits in its corner wedged between the monitor and the massive computer.

It has begun to have a bit of a mystic characteristic in the office. The apple has not rotted, peeled, nor has it been significantly damaged. It sits there and has seemed not to age. What is its secret? How does it stay looking young? What type of magic is keeping it from aging?

Botox for apples? Maybe. Then I started thinking: this apple is special. It's one of a kind. Unique.

Now am I willing to test how good the apple is? Hell no. I cherish my life just a little too much to take a bite of that apple.

But a thought came to me: Jo-Ann might want it back. I am going to stop by Office Depot, get one of those huge boxes of packing peanuts, place the apple inside and leave a Post-It on it saying, "Here. It was getting lonely without you. Have fun."

While I'm at it, maybe I'll send Amy Beth her picture frame too. Ah, the managing editors' legacies.

The question that now remains is what will I leave as my legacy? It probably won't be a granny smith apple or a countless number of songs on the computer. I mean, I have to leave something but I just don't know what. It will come to me—I'll keep you posted.



Saint Mary's welcomes new dean of science

College of Science bids farewell to Judd Case and says hello to Brian Jersky

by **Melanie Maxwell**
Assistant News Editor

Former Dean of the School of Science Judd Case will take over as the Dean of the College of Science, Health and Engineering at Eastern Washington University. Brian Jersky joins the Saint Mary's College staff this year to take his place.

For those who do not know him, Case has been a member of the Saint Mary's staff for 16 years. In those 16 years, he has served on the Academic Senate and the Educational Policies Committee, among other things. In addition Case was crucial in the planning of Brousseau Hall. His most recent service for Saint Mary's has been working on a proposal for a grant from the Keck Foundation to turn the former location of Lake La Salle on the northeastern corner of campus into a type of living laboratory. This spot is the largest Red Willow stand in the Bay Area. The funding would go toward its preservation and buying research equipment to better understand the environment. Saint Mary's

will find out if they will receive the money by December.

Aside from his contributions to Saint Mary's, Case has made several major contributions to the community. While leading a group of Saint Mary's students in Australia, their group discovered the remains of the world's oldest kangaroo. Case has also made several trips to research evolution in Antarctica. In 2004, attention was turned toward Case worldwide with his discovery of a previously unknown dinosaur.

While on his recent sabbatical, Case continued his research and recently sent in a paper about the origin of modern bird groups. Case is also continuing research from work he did in Australia. At Eastern Washington University, located in Cheney, Washington, Case has the opportunity to be in charge of a larger program and work with both undergraduate students and graduate students. He is looking forward to this new challenge and to the larger range of students at Eastern Washington. The similarities of Eastern Washington and Humboldt State, where Case did his undergraduate work, are one

of the attractions of Eastern Washington. Case mentioned the rural location as one of those similarities.

One major challenge Case expects to encounter is dealing with a public school rather than a private one. Many foundations and private donors are not as willing to donate money to public schools because of the government funding they receive. Case is enthusiastic, however, about trying to break down those perceptions. "It is the leaving that is the hard part," said Case. Despite his excitement about his new job, Case will miss the familiarity, his colleagues, and the students of Saint Mary's. Case said, "[My] experience has been a wonderful experience." Saint Mary's has been a good match for Case and he has greatly enjoyed the Lasallian tradition and working with students. His experience here has been a good learning experience. "It's a place where you feel you can create some change; maybe it's the size, maybe it's the people, maybe it's the philosophy, maybe all three," he said.

Case was not involved in choosing his replacement, Brian Jersky.

According to Case, Jersky is "very intelligent, has good insights, a lot of patience, and will provide excellent leadership [for the science department]."

Jersky, who is originally from Johannesburg, South Africa, says Saint Mary's attracted him because he has "always been interested in the Liberal Arts," knew Saint Mary's reputation and was impressed. He has always wanted to try to lead a "dedicated and talented faculty," as well as feeling that Saint Mary's mission matched well with his.

Jersky hopes to bring some external experience to Saint Mary's science department and hopes to move forward together to the next stage of development. Jersky says he, "In particular help the faculty communicate their wonderful skills to the rest of the College and outside world and get the recognition they deserve."

Jersky wanted the campus to know how grateful he is to Case's services as dean and that he is sad Case is leaving the college.

There will be a reception to thank Judd Case scheduled for Wednesday, September 20 in Brousseau Hall.

Community Time provides opportunity to revise finals schedule eliminating 8 a.m. finals

New schedule resembles regular class schedule

by **Linda Hua**
Editor-in-Chief

Students who purposefully take afternoon classes no longer have to suffer early morning finals—in fact, 8 a.m. finals no longer exist. This is in accordance to the new final exam schedule.

Over four years ago, 2002 Vice President of Student Affairs Brad Kvederis and 2003 ASSMC President David Holquin, fed up with the jumbled finals schedule—morning finals for afternoon classes, late afternoon finals for morning classes, etc.—proposed a change to set the exam schedule to emulate the actual schedule.

"The student presented their idea to the Dean of Academic Affairs Ed Biglin," said Bill Sullivan, assistant registrar. "He advised them to submit a proposal...to the EPB (Educational Policy Board)."

However, the students soon found their proposal stuck amid bureaucracy and the timing of other programs. "Further study on the impact the changes would have on other programs was undertaken," said Sullivan who schedules "all academic spaces for all programs on campus."

"Based on the lack of available facilities, we would not be able to meet the needs of our graduate programs (beginning as early as 4:15 p.m.) and move finals into a later time slot. The proposal was shoveled until further facility

changes were completed," said Sullivan. "During this same time period a number of administrative changes were undertaken. Frank Murray was to become the Dean of Academic Development (formerly Academic Affairs), the Provost model was implemented and we changed to Presidents."

Now, however, with the implementation of Community Time, changing of the tradition class schedule would essentially mean changing of the final exam schedule.

"This entailed a change to the class schedule and presented an opportunity to revise the finals schedule," said Sullivan. "I worked with Frank Murray to devise both the new class schedule and finals schedule."

Once again, they had to evaluate what and how many facilities would be available for use. "The same study was undertaken with regard to facilities and graduate program impacts," said Sullivan, "Additional facilities have been added to our inventory: Sichel Hall remodeled, Galileo rooms renovated... The new class schedule was approved last fall and the new finals schedule was submitted by Frank to the Provost, Deans and EPB. And here we are today."

"Now if you have an 8 a.m. MWF class your final is at 9 a.m. on Monday. The schedule closely follows the class schedule," he said.

"As long as it's similar to the time of the classes—it's beneficial," said Marisa Peralta '07.

However, students don't always get the luxury of scheduling classes for preferred time slots, "I think that if you're stuck in a morning class, it might be nice to have an afternoon final or if you're stuck in an afternoon class, it's nice to have a morning final so you can get a little of both," said David Arreola '07.

On another note, Students who have many jobs or have off-campus commitments like Peralta may now have an easier time to juggle responsibilities. "By the end of the semester, we usually have commitments and a set up schedule so if they can come up with a schedule with the times that you normally have classes, it's more convenient," said Peralta.

While Kvederis and Holquin proposed this idea a few years ago, Sullivan said, "I believe you have to raise your voice, this is the only

way change can or will take place. I don't believe students want decisions that affect them to be made in a vacuum. And decisions won't be as long as you make your position known. I don't believe anyone thought about the impact the old finals schedule had on students until the students themselves spoke up." Contrary to popular belief that propositions will be hung up and forgotten in bureaucracy, Kvederis and Holquin's proposition has been successful. "Their voices were heard, taken seriously and acted upon," said Sullivan.

Now students who have purposely chosen to take the MWF 1:50 p.m. class will no longer have to worry about an 8 a.m. final.

The new finals schedule can be found online at http://www.stmarys-ca.edu/academics/undergraduate/academic_resources/office_of_the_registrar/FinalExamSchedule.pdf.

Campus Calendar

Social Justice, Activism, Service

Wednesday, September 6
12:40 p.m. - 2:10 p.m.
Soda Center

Retirement Party:

Suzanne Wise
Wednesday, September 6
3:00 p.m. - 5:00 p.m.
Soda Center

Turnitin.com Workshop

Wednesday, September 6
4:30 p.m. - 5:30 p.m.
Filippi Hall

9-11 Memorial:

Deena Burnett
Wednesday, September 6
7:00 p.m. - 9:00 p.m.
Soda Center

Brian Doyle

Wednesday, September 6
7:30 p.m. - 9:30 p.m.
Soda Center

International Welcome Dinner

Thursday, September 7
5:30 p.m. - 7:30 p.m.
Soda Center

Yu's Martial Arts Competition

Saturday, September 9
9:30 a.m. - 5:30 p.m.
McKeon Pavilion

Leadership Summit

Saturday, September 9
10:00 a.m. - 5:00 p.m.
Dante Hall

Leadership Summit BBQ

Saturday, September 9
5:00 p.m. - 6:30 p.m.
De la Salle Lawn

Opening Reception

Sunday, September 10
1:00 p.m. - 5:00 p.m.
Art Building 105

Manuel Valencia

Sunday, September 10
2:00 p.m. - 3:00 p.m.
Soda Center

Movie:

Rome, the Ultimate Empire?
Monday, September 11
7:30 p.m. - 9:00 p.m.
Soda Center

Planning an event?

Want it in *The Collegian*?

E-mail us with the details of your event at: collegia@stmarys-ca.edu or call for more information: (925) 631-4279

Sorry, but due to space limitations we cannot list individual club meetings.



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HPV: Vaccine soon to be more common, preventing STD spread and cervical cancer

continued from page 1

everyone who has the virus will acquire the warts. There is still a connection, however. Jones said, "Anybody who has genital warts has HPV but everyone who has HPV does not have genital warts." He said that the easiest way to contact the virus is through multiple sex partners.

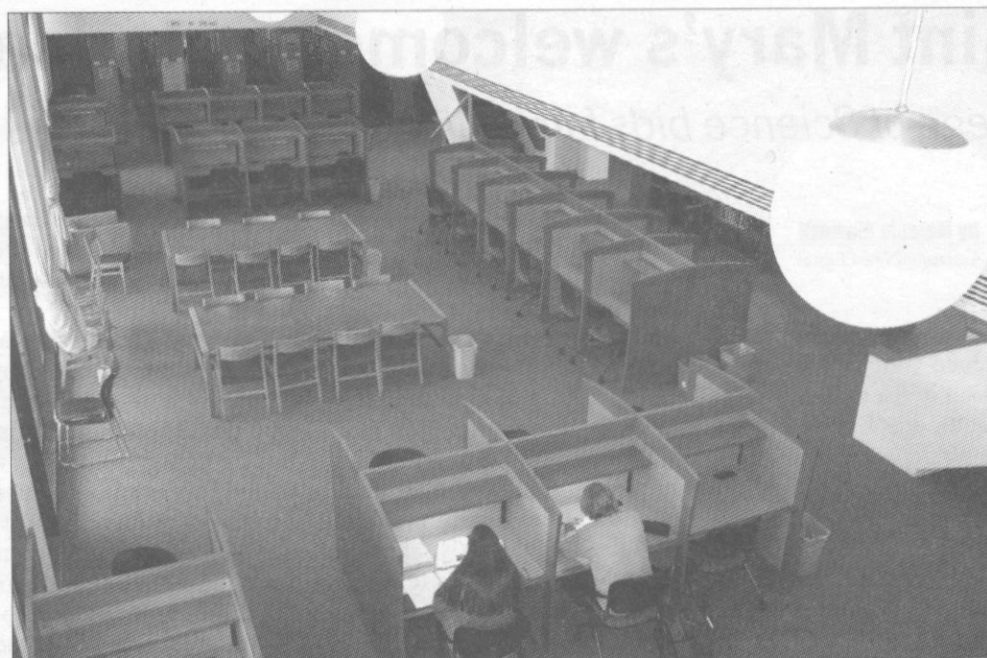
HPV, though a major cause of cervical cancer, is easily detectable and treatable when discovered early. Doyle-Matta said, "It takes a really long time before HPV goes to cervical cancer." The vaccine will treat the types of HPV known to cause it. "Not all types are precancerous," said Doyle-Matta, "There's about 100 different types. Thirty are sexually transmittable; 15 are the high risk types." Types 16 and 18 cause 70 percent of cervical cancer. The vaccine will cover both types. Another vaccine will protect women from types six and 11 which are responsible for visible warts.

Aside from the risk of cancer, the virus can also affect women mentally. Joanna Snawder, coordinator of sexual assault awareness, outreach and education at the Saint Mary's College

Women's Resource Center said, "Women just really need to know what the risk factor is. And also know that it's not the end of the world." Cervical cancer can be prevented when detected early through regular pap smears. "There's some things you can take into your own hands," said Snawder, "When you think about STDs, that's something where we can have a proactive approach."

"Education is key," Snawder said. "We need to look at the prevention, risk reduction aspect. A lot of women have it and they don't even know that they have it." The vaccine provides hope to stop future generations from getting HPV and stop cancer of the cervix all together. Though the vaccine will be able to treat the virus, awareness about HPV and cervical cancer is still an important issue.

The vaccine for HPV is not a live vaccine. Live vaccines usually have the most side-effects. "It's cleared the FDA hurdles," said Doyle-Matta, "So I definitely don't expect there to be many problems." The vaccine will be available for women ages 11 through 25.



Annie Douglass/COLLEGIAN

Renovations: An improved study space for students

continued from page 1

prevent them from running out of battery and for students to plug in and study more efficiently. Carter also says, "All of it makes for a much more attractive and functional study space."

Fellow librarians are also pleased with the improvements. "It looks a lot better and if something looks a lot better you'll treat it better," said Sarah Vital, a reference and instruction librarian. "It's comfortable enough that you will want to come and do your homework. We do recognize the short comings of the building and it's nice to be able to do something to make it a little more welcoming and comfortable."

Reference Information Assistant, Patty Wade said, "We were

long overdue. It's been the same furniture since I have been here. It creates a nicer environment for the students. It's still just a study area and I think it's very nice."

Students are also pleased with the new look and improvements. Alex Jones '09 said, "I think that they are nice and clean. I am glad that they changed it, and it will make me want to study more in the library."

"I like how the chairs have wheels," said Jen Morrison '08.

In following the Saint Mary's Lasallian Tradition, the old furniture is to be donated to De La Salle North Catholic High School in Portland, Oregon, courtesy of Brother Dominic Berardelli. The furniture now sits in storage in

Rheem and will be picked up in late September.

Despite the improvements, many think that there is more that can be changed. Vital said that students are beginning to study more in groups and she sees that the library still lacks those accommodations. With two seminar rooms and a few group tables, study groups are limited to few areas in the library.

"We need to find a way to separate the two—studying today is a lot more interactive. A space for new group work would be nice," said Vital.

The next step is the third floor, where the carpet and carrels will also be replaced.

Theft: Lock up

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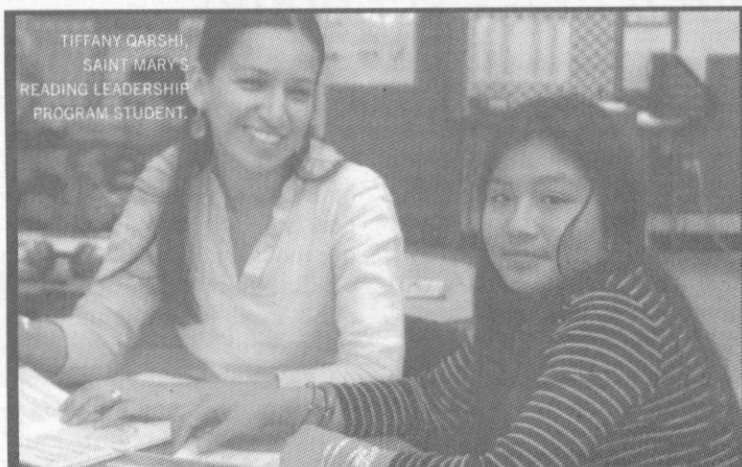
that Saint Mary's is any worse off than any other college. "Crime in general is less than you would find at a comparable college in an urban area," Foley said.

"More than anything, where we're located geographically helps us with theft," Sciuto said. Gilson added that he does not feel cases like his are out of the ordinary. "Saint Mary's doesn't have any more [or] any less of a theft problem than any other college or university," he said.

Even so, Foley has some tips for students on how to avoid losing their possessions. "I'm a firm believer—in valuables—if you have something important to you, to keep record of the serial number and model. That information is accessible to law enforcement 24/7. Without a serial number or other points of identification, a lot of property sits there in the police property room," Foley said.

Foley also points out the importance of informing Public Safety about thefts. "Reporting it as soon as possible helps us," Foley said. "Seldom [are the suspects caught], because usually, the crime is reported late to us." Sciuto believes that people too often make the mistake of carelessness. "People [should lock] their doors; no leaving them propped," Sciuto said.

Upon encountering incidents of theft, students are advised to call Public Safety or the police.



TIFFANY QARSHI,
SAINT MARY'S
READING LEADERSHIP
PROGRAM STUDENT.

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SCHOOL OF EDUCATION BUILDING
10:00 A.M. - 12:00 P.M.

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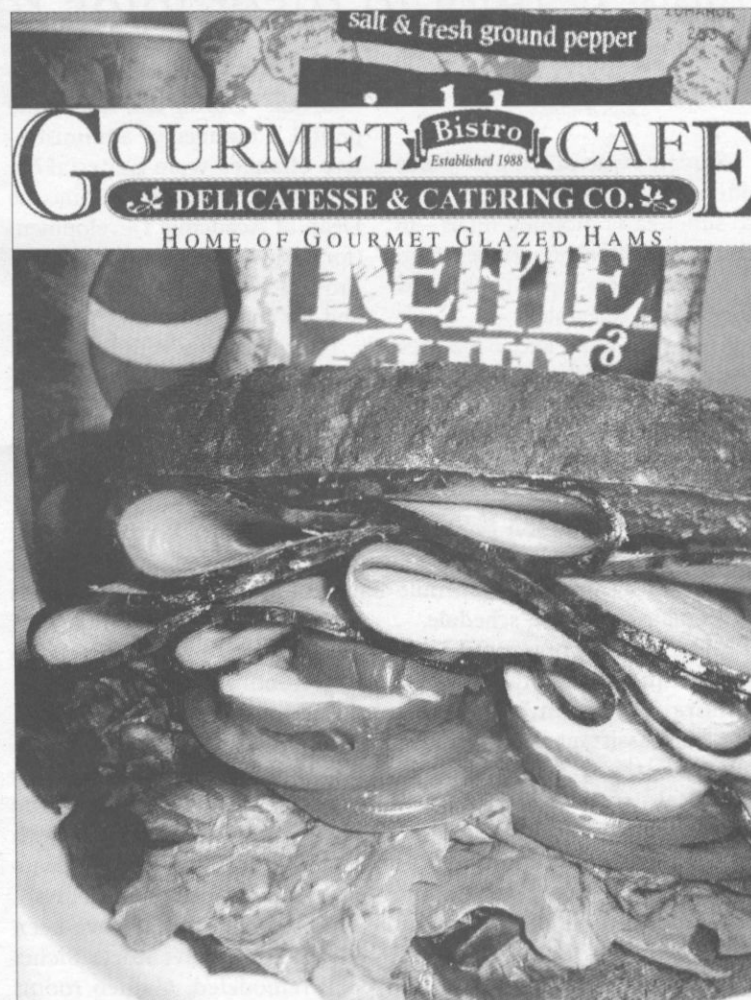
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The Collegian
FEATURE

Saint Mary's introduces a new class of distinguished professors

School adds fifteen dynamic instructors to teaching staff

by **Melanie Maxwell and Amber Lister**

Photos courtesy of College Communications



Cathy B. Glenn, Ph.D.

Cathy Glenn is active in the International, National, and Western States Communication Associations. While at San Francisco State University, Glenn earned her bachelor's and master's degrees. A native of the Bay Area, Glenn then attended Southern Illinois University where she received her doctorate. A professor of communications, Glenn has written many encyclopedia chapters and journal articles on various topics, including communication activism and ethics.



Brian Jersky, Ph.D.

Brian Jersky, Saint Mary's new Dean of the School of Science, received his bachelor's degree from the University of Witwatersrand in South Africa. Born in Johannesburg, South Africa, Jersky earned his master's and PhD from Cornell University. Jersky was the head of the math department at Sonoma State and finally the Dean of the School of Science and Technology.



Anne Smith, Ed.D., CMA

With over 25 years of experience in teaching and administration, Anne Smith received her doctorate in accounting from Northern Illinois University. Smith was awarded the Certificate of Distinguished Performance from the Institute of Management Accountants. In addition, Smith has served on many national, local, and regional boards of directors.



Derek Marks, Ph.D.

After receiving his doctorate in exercise physiology from the University of New Mexico, Albuquerque, Derek Marks taught at California State University, Stanislaus. Marks specializes in fitness assessment, sports nutrition, and human performance. Some of Marks' future projects include research focusing on the effectiveness of sports drinks on endurance performance. He also plans on developing an on-campus health and wellness assessment program.



Gustavo Guardado, Jr.

Gustavo Guardado, a graduate of Concord High School and native of El Salvador joins the communication department. After being accepted into Saint Mary's College's High Potential Program, Guardado majored in communication and was the co-general manager of Gael TV. Guardado earned his terminal degree in film production from Loyola Marymount University after graduating in 2001 from Saint Mary's.



Ynez Wilson Hirst, Ph.D.

A proud mother of two, Ynez Wilson Hirst was born in Oakland. Hirst earned her bachelor's degree in Sociology and History from Occidental College in Los Angeles, and went on to earn her Master's and PhD in Sociology from USC. She taught elementary school in East Oakland for five years before going back for grad school. Extremely excited to be at Saint Mary's, Hirst explains, "There is an emphasis on teaching and interacting with students here that you don't find at all schools."



Suzy Thomas, Ph.D.

After teaching part-time in the multiple and single subject credentialing programs and the Graduate Counseling Program and as a full-time adjunct faculty member in the School of Education at Saint Mary's, Suzy Thomas now joins the staff full-time. She earned her doctorate from the University of California, Davis in educational psychology. At several counseling conferences, Thomas has made presentations on topics including counseling theory, mentoring, and alumni support.



Michael Nathanson, Ph.D.

Math professor Michael Nathanson joins the Saint Mary's College staff. Nathanson completed his undergraduate work at Brown University and completed his doctorate work at Northeastern University. Nathanson taught high school for six years in Pennsylvania and Connecticut. Nathanson chose Saint Mary's because he likes that teachers are devoted to students as a whole person. Throughout his college years Nathanson was most involved with the debate team and singing in an a cappella group.



Marie Pagliarini, Ph.D.

Marie Pagliarini joins the Saint Mary's staff to teach classes on Christianity, religion in Northern America, and women and religion. Pagliarini received her bachelor's degree in history and doctorate in religious studies from University of California, Santa Barbara before teaching courses at the same school. She also taught courses in women's studies and religious studies at Cal Poly, San Luis Obispo.



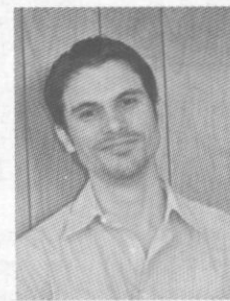
David W. Bird, M.A.

Born in Atlanta, Georgia, David Bird attended Florida State University and received his bachelor's in Spanish and German. In addition, Bird studied for his doctorate in Spanish literature at the University of Kentucky. Bird has published conference papers and presented on authors including George Orwell and Jorge Luis Borges. Bird's wife, Anne, is a neuropsychological researcher at the University of California, San Francisco.



Hilda Ma, M.A.

Hilda Ma, a Saint Mary's alum, comes to the English department after receiving her master's in English from the University of Buffalo. As a student at Saint Mary's College, the San Francisco native worked at Café Louis, The Grill and Hearst Art Gallery. She was also a member of REACH, Writing Tutors, APASA and Habitat For Humanity, for which she served as Vice President and Treasurer. She states that the faculty members played and continue to play such a major role in her education here at Saint Mary's, she is "glad to be back home."



Micah Muscolino, Ph.D.

This year at Saint Mary's Micah Muscolino will teach several courses, including East Asian history. Muscolino is a specialist in the history of modern China and comparative environmental history. In 1999, Muscolino earned his bachelor's degree from the University of California, Berkeley and in 2006 he received his doctorate from Harvard. An article published in the journal *Twentieth-Century China* was based on his research about relations between nature and society in the Zhoushan Islands.



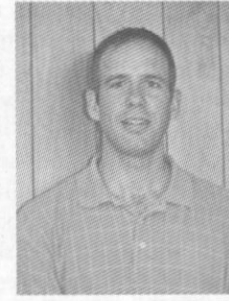
Hisham H. Ahmed, Ph.D.

After teaching at Birzeit University in Palestine for the last 12 years, Hisham Ahmed joins the Saint Mary's staff as an associate professor of politics. Ahmed was born in the Deheisheh Refugee Camp, located near Bethlehem, Palestine, in 1963. Often asked by local and international media for analysis on the Palestinian-Israeli conflict, Ahmed received his bachelor's in political science from Illinois State University. He then earned his master's and doctoral degrees from University of California, Santa Barbara and was a Fulbright scholar in Palestine.



Dan Leopard, Ph.D.

Professor Dan Leopard brings years of filmmaking knowledge to the Saint Mary's community. Leopard received a Master's of Fine Arts degree from the School of Art Institute of Chicago and a doctorate in cinematelivision from USC. Leopard is enthusiastic about his new position, saying, "I'm completely enthralled with the Lasallian belief that one's calling is teaching." As a college student, Leopard was involved in Zero de Conduite, a faculty liaison group. If he could eat dinner with anyone, Dr. Leopard would choose the artist Marcel DuChomp.



Adam Lucas, Ph.D.

Before joining the Saint Mary's staff, Adam Lucas received his doctorate in representational theory from MIT. For three years Lucas was a visiting assistant professor at Mills College. At Saint Mary's, Lucas is an assistant professor in the department of math and computer science. He is also a part-time research associate at the University of California, San Francisco. In his free time Lucas enjoys running marathons.

The Collegian
OPINION



SCOTT CULLINANE

Remember September

For the past four years, we have remembered 9/11. This year, I request, entreat, and implore us all to remember that day so it may retain its meaning.

Though we all know about 9/11 and still continue to learn more about the events of that day, time has created disconnect, or more aptly, a block for us. Over the past five years, our recollection of how we felt and what we thought on that morning has faded with time.

Go back and relive in your mind what happened to you that morning. Where you were when you first realized what was happening? Watch a recording of a news broadcast from that morning. Remember the shock of seeing smoke pour out of one of the towers, only to helplessly watch as a second passenger airliner flew into the second tower right before your eyes.

Recall the shock that something like this could happen here in America. Bear in mind the outrage at seeing the Pentagon burning and the sadness when the towers tumbled down. Recall the shock that something like this could happen here in America.

As much as Pearl Harbor, the Kennedy assassination, or the fall of the Berlin Wall affected generations before ours, know that 9/11 was the turning point of our generation. An event like 9/11 has the potential to shape many more future generations.

Before 9/11, terrorists bombed our embassies in East Africa and attacked the USS Cole and we let them get away with it, closing our eyes to reality and hoping the problem would just go away.

Finally after 9/11, we were all able to stand together and say to the violent extremists: no more. Don't forget that the war to prevent another 9/11 goes on today. We have successfully thwarted others attacks on US soil and around the world over the past five years. Recently, a plan to bomb several transatlantic passenger flights was foiled. We should not and cannot let ourselves be a victim of our success.

Some would mistakenly say that we are now safe; do not heed this call; it is as alluring and deadly as the call of the Sirens. It will lead America to ruin. The War on Terror continues and all Americans must remain committed because our enemy is committed to our deaths and remains so.

So this year when the attacks of 9/11 are commemorated, do not just walk by or shrug it off as something that is in the history books that is of no concern to you. Stop and reflect.

If we ever forget, I fear what the cost might be.

Collegian View

What are your priorities? College is a time when students learn how to take care of ourselves. Whether it is doing our laundry, waking ourselves up for that dreaded 8 a.m. class that seems so unimportant, or finding the time to do our homework between our social life and our other activities, we must learn to take care of ourselves.

The basic need of any animal is to eat. Now, when all you have is \$20 and you can either get food for yourself or chip in for alcohol with your friends, why do we chip in for the alcohol over that trip to Nations or Chipotle?

Why do we complain about how we are broke college students but go to Target and spend \$50-\$100 in about a half an hour...and be able to justify it?

For those freshmen who have

not experienced this yet, be warned. The temptations are there and that alcohol might look good but when you have that hangover in the morning, that cheeseburger you were afraid of because it was too fatty would seem much more worthwhile.

This is not a warning sign to freshmen to completely avoid this situation but to be aware of it. So many students on this campus are guilty of it. *Saved By The Bell* DVD set for \$30? Sure, why not?

It can happen to anyone. This is the marketing machine at work. The cheaper it is, the more you think you can buy. But you end up spending the same amount anyway. Bottom line: empty bank account. Big business loves us because we are in control of our money for the first time and we think that our necessities are taken

care of, like at home.

This is college. You take care of yourself. If you starve, it is your problem. If you ran out of money to do your laundry, you get to stink for a while.

Don't get us wrong, we are not telling you because we are senial from being stuck in an office all day. We are telling you because it

has happened to us. We are students, but more basically, we are humans. We succumb to temptation and we sometimes have to deal with the consequences. Some are stronger than others and can see what is more important, but everyone slips.

So, tell us. What are your priorities?

THE COLLEGIAN

Saint Mary's College of California

Linda Hua, Editor-in-Chief
 Zack Farmer, Managing Editor
 Danny Acosta, Opinion Editor

Letter to the Editor

Dear *Collegian*,

As a student studying abroad this fall I would like to thank *The Collegian* for being accessible online. In preparing to go to Oxford, I've been so afraid of being out of the SMC loop. But I've realized that with smccollegian.com, I can keep in touch and stay connected to Saint Mary's, even overseas.

So, thank you to *The Collegian* and Linda Hua for all your efforts in creating this, our *Collegian*, and putting it online for all of us who can't read the print version.

Oh, and one question...can you put more than just the answers to Gael in a Word online? Thanks, I'd hate to miss out on that too. :)

Sincerely,

Megan Grady '08

Congratulations to the 2006-2007 Student Ambassadors!



Meredith Arnett, Psychology, '09
 David Arreola, Health Science, '07
 Luke Barden, Undeclared, '09
 Brandon Birr, History, '07
 Kyle Bonderud, Music & Communication, '09
 Nat Brown, Integral, '09
 Kristina Captein, History, '09
 Michael Cullen, Politics, '09
 Angela Delgatto, Nursing, '09
 Tera Gallegos, Business/Marketing, '08
 Mark Gilson, Int'l Business & German, '07
 Linda Hua, Exp. Psychology & Comp. Sci., '08
 Taline Kuyumjian, Business Admin., '09
 Celine Miernicki, Int'l Studies, '09
 Derek Morgan, Business Admin., '09
 Liz Noakes, Psychology, '08
 Marisa Peralta, Communication, '07
 Craig Thompson, Business/Marketing & Art, '08
 Mary Eileen Young, Comm. & Perf. Arts, '09
 Jenna Zack, L&CS & English, '09

Hip-hop hustle

I don't want to get crunk, I want to listen to real music again

Be'Anka Macey
 Staff Writer

Hip-hop's growing attraction for hustlers is devastating and embarrassing. It is embarrassing for rappers, the music industry, and the listeners. The music began as a way for minorities to express and celebrate themselves. It flourished when they rapped about the hardships of the inner-cities.

"Hip-hop," unfortunately, has now developed into a mockery of finger-snapping and overt—and even more unapologetic—thugs.

Becoming a "rapper" now is easy. Either you are from Atlanta or you slang on the streets until someone like a Jay-Z comes to support and embrace your hustle. With simplicity like this, how can we expect hip-hop to survive and strive with future generations?

You do not have to be a Mos Def or a Talib Kweli to keep it real. But if you are, it definitely puts you at a disadvantage. No one is trying to hear what the real problems are. Everyone is too busy shaking their dreads and rocking side to side to the beat. I know you see it.

Hip-hop culture has become a direct reflection of consumerism. I still cannot believe they sell grills in shopping malls. I really hope that people do not expect this so-called "Hyphy Movement" to prevail. Stunna shades, ghost-riding, and grills lack the substance that made hip-hop an art form.

Does every single song have to be about going dumb? With every new song I hear, it becomes more and more apparent that Bay Area hip-hop—not to distract from this lean wit it, rock wit it epidemic—is a joke.

I do, however, have to give it to these hip-hoppers. They are keeping it (their lifestyles, not the music) real. Young Jeezy, the self-

proclaimed motivational speaker, made no apologies for his crunk beats and drug-filled lyrics. And Rick Ross blatantly expresses the extent of his hustler status on Port of Miami. Can I really be mad at that?

Money is the biggest motivator, so why not be a rapper? You can have your phat crib, tight whips, and enough bling to support a small country. Who cares if you laid the track down in five minutes while intoxicated beyond reason? As long as it slaps in the club, none of that really matters. Oh yeah, that's definitely the good life...

Hip-hop is dying, but I just cannot accept that. Audiences should not accept that. We all know Kanye, Mos Def, and Talib cannot save the art.

If only all the aspiring rappers would strive for quality and show us that they love what they are creating, the hip-hop world would be a better place. Do not just give audiences radio-ready hooks over hot beats for air play.

If it is deeper than trend-setting, then that is something I can feel. And no, I definitely can not be mad at that.

Join the staff

Spread the joy

Share opinions

collegia@stmarys-ca.edu

The Collegian
OPINION

Start spreadin' the news: evil exists

Why the Yankees are bad for baseball and the country

by **Adrian Garro**
Staff Writer

The New York Yankees personify *evil*. They spend more money than any other team, dumping gobs of money on flash-in-the-pan pitchers and overrated hitters in the hopes of winning yet another World Series. They have not won a Series in the last six years and that is something everyone should be happy about.

George Steinbrenner, the slimy, vile monster at the helm of the organization spends money ruthlessly every season. He signs free agent after free agent. He thinks that by assembling an All-Star team he can just roll through the league on the way to the World Series. The team has twenty-six Championships, but now George is growing restless, having wasted money for six years without any results.

The team payroll is ridiculously high at \$198 million. The next-wealthiest team, the Boston Red Sox, likes to put on the front that it represents the 'common

man' by being the Yankees' main hated rival. Boston's payroll is \$120 million this season -- not that far from the Yankees. Boston supporters claim that the team has to spend so much just to be able to compete with New York, but the success around the league of mid-market teams would prove that to be false.

When Boston won the World Series in 2004 (their first since 1918), the Yankee Nation was crushed. Boston fans used their improbable victory (made possible only by a monumental Yankee chokejob) to become more obnoxious. As annoying as they are, they do not hold a candle to the idiocy of Yankee fans.

I was in New York in June for a three-game series at Yankee Stadium between my A's and the Yanks. The A's rolled into town and won all three games, which was amazing. Being there in my

A's garb, I beheld the worst of Yankee fans. I can say with conviction that Yankee fans are the lowest, most clueless sports fans I have ever seen. They parade around in their Derek Jeter jerseys with their heads in the clouds because "our team has twenty-six World Championships." Recall the shock that something like this could happen here in America. They are only capable of yelling out schoolyard insults and cuss words.

They boo every Yankee if he does anything wrong, which creates a very nurturing environment for the players. I am all for telling Alex Rodriguez how much he sucks, but it gets old after a while. The childish, trite insults hurled at the other team also get old, as do the derogatory chants directed at the other team's fans.

Being in New York opened my eyes, I had previously only been able to make generalizations about Yankee fans based on what

I saw in Oakland. Those perceptions proved accurate. They are the lamest baseball fans this side of SBC/AT&T/PacBell/Whatever Park, where they file into the stadium and cheer on Barroids in his quest to steal history from Hank Aaron.

It is refreshing to see teams such as the Minnesota Twins and Cincinnati Reds winning, as their payrolls are only a fraction of the Yankees'. It will be fun to watch Steinbrenner squirm and moan after the Yankees lose again this October.

If you are a Yankee fan, I am sorry. Maybe it is just a phase you will grow out of. If you like Boston, all I can do is laugh.

If you root for evil, you deserve to have your dreams crushed yet again. I rejoice in the opportunity for another mid-market team to steal away another championship, as that, in the end, is what is good for baseball. Not the Yankees or Red Sox.

Who needs birth control!?

Taylor Warner
News Editor

Good morning. You are hung over. Who is this next to you? You are not on the pill. You did not use protection. Can you correct this blurred night?

The Food and Drug Administration (FDA) recently approved the sale of over-the-counter emergency contraception. This "morning after pill" is the dawn of a new, safer era that does not include Sunday morning trips to the clinic.

This mistake-erasing pill requires the buyer be 18 years old. While this precaution discourages teenage sex, those irresponsible teenagers still have the option of having an older confidant purchase the pill.

As a woman, I am excited to see women's health and wellness being taken into consideration by the FDA. The convenience of the purchase, however, raises questions about the risks involved in ingesting the pill.

Emergency contraceptives like Plan B are large doses of birth control that reduce the chance of becoming pregnant by 89 percent. The pill must be taken within 72 hours of the risky behavior.

Plan B is not an abortion pill. It is another measure to prevent pregnancy just like birth control pills or a condom. Hopefully all women (and some informed men) know that Plan B pills can be used if regular contraception fails to function.

The earlier the pill is taken, the more effective it is. If one is able to get the pill over the counter, it eliminates the middleman (the doctor's office) and makes getting the pill in time for it to remain effective a whole lot easier. Considering America has one of the highest teen pregnancy rates in the western world, this is a small step to mitigate the problem.

Some of the common side effects of the pill include nausea, abdominal pain, tiredness, headache, menstrual changes, dizziness, breast tenderness, and vomiting. If one is abusing this medication, it can be damaging, but that is the case for all prescription and over-the-counter drugs.

If a woman is already pregnant, there are no known damaging effects. Furthermore, there are no known negative effects on long-term conception. Skeptics may point to the fact the pill has only been on the market for seven years, but that is the case for most of what America buys or is prescribed.

Emergency contraception is to be used in the case of an emergency and not an easy cover up for irresponsibility or forgetfulness. The pill is considered safe, but remember to check up with your doctors anyway as hormones—most likely what got you here in the first place—can be tricky.

Thank you FDA for thinking of women's health and safety. One last piece of advice: girls do not make Plan B your plan A.

PRI to PRD: from right to left and back again

Mexico's political state maintains its cycle of corruption

There is a common law among Mexican politicians. It's Herold's Law, La Ley de Herodes: "o chingas o te jodes".

According to the international and Mexican media, Mexican presidential candidate Andres Manuel Lopez Obrador is a leftist. Obrador says he is a leftist because the Mexican people have been cheated by the corrupt right. His opponents use the word leftist as a pejorative statement comparing him to Hugo Chavez and Fidel Castro. His supporters say that a leftist movement is just what Mexico needs.

They give him an apotheosize image for the poor of Mexico. However, Obrador is far from left. He is so far from left that he is on the right.

The three main political parties in Mexico today are the Institutional Revolutionary Party (PRI), the National Action Party (PAN), and the Party of the Democratic Revolution (PRD).

The PRI had hegemonic power in the country for more than 70 years. The PRI's political ideology is centrism, Christian democracy, and social democracy. Their only Christian values are stealing



VICENTE OCHOA

money and governing people's lives.

Lázaro Cárdenas, a member of the PRI, expropriated the oil interests of United States and European petroleum companies before World War II. He nationalized different industries and provided social institutions.

To name a couple of other PRI presidents who were despised by many, Miguel de la Madrid and Carlos Salinas de Gortari privatized many industries including: banks, roads, and telecommunications. In addition, they also negotiated NAFTA.

In 1988, the PRI won the presidential election by fraud. Salinas received help from Manuel Camacho Solis and Marcelo Ebrard. Remember these names.

Mexican Roman Catholics, together with other conservatives, founded the PAN in 1939 after

the Cristero War. The PAN is on the right of Mexico's political spectrum, wanting free enterprise, reduced taxes, smaller government, and reform of the welfare state. It is similar to the Republican Party.

PAN officials have banned public employees from wearing miniskirts, clamped down on the use of profanity in public marketplaces, and once, brought religious and political pressure upon a teenage rape victim to dissuade her from getting an abortion. However, people who support the PAN, support it not for its ideology, but support it in opposition of the PRI.

PRD was funded in May 5, 1989 by Cuauhtémoc Cárdenas, Porfirio Muñoz Ledo, and other prominent PRI and PAN members who left their old party because they did not have a chance to become president.

In the 2000 presidential election, PRD candidate Cárdenas won 16.6% of the popular vote. Three years later in the legislative elections the PRD won 17.6% of the popular vote and 95 seats in the Chamber of Deputies. The PRD enjoyed a reputation of

honesty until videos where notable party members were taped receiving cash funds or betting large sums of money in a Las Vegas casino. These scandals came directly from the party that expresses social democracy.

Lopez Obrador began his political career working for the PRI. In his home state of Tabasco, MX, he was the president of the PRI until he transferred to the PRD to follow his cronies. His presidential campaign has been run by Manuel Camacho Solis and Marcelo Ebrard, both ran the campaign for the corrupt PRI president Carlos Salinas.

So disregard the notion that Lopez Obrador is a leftist. Now the PRI is falling, the PRD is rising, but they have the same people. The PAN mixes religion into politics. So the Mexican people are in a conundrum, choosing for the lesser of evils (much like America).

Lopez Obrador will stimulate riots. This will portray him as a political hero that finally stood up to corruption. He will lose and this will happen again in 2012 when Marcelo Ebrard runs for president.

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WE ARE HERE. ARE YOU? WRITE US.

The Collegian
DETOUR

The truth about *Idlewild*

Outkast deliver in their latest joint efforts

by A. Davis & B. Macey
 Staff Writers

When I first heard that the dynamic duo commonly known as Outkast was going to be co-starring in their very own movie, I, like many others, was initially skeptical. In the past, various rappers and hip-hop artists have shown up on the big screen; however, their acting careers have not always proved as promising as their musical careers. The truth of the matter is that not every rapper can be an actor.

As a result of seeing poor acting done by rappers in the past, I went into the movie theater completely expecting to be disappointed but to my surprise I enjoyed the movie in its entirety.

Set in the 1920s in the small town of Idlewild, Georgia, the movie tells the story of two childhood friends who are complete opposites. However, as they get older and their friendship matures they find that they have one thing in common: music.

Percival (Andre 3000) is the quiet, soft-spoken pianist and musical genius, and his best friend Rooster (Big Boi), the smooth talking, money-hungry ladies man,



Courtesy of <http://msnbc.msn.com>

end up using their music as a joint way to express themselves. While the two are as opposite as night and day, when it comes time to perform at the local club, it seems as if they are the same.

Like in most other movies, women and sex play a role. Throughout the movie Rooster struggles to keep his family of a wife, and five kids together, while Percival desires to experience true love. For the most part though, the movie is centered around the love of music.

The movie's soundtrack, Outkast's latest joint effort, is nothing short of brilliance. Continuing the theme of the 1920s,

the album is packed with big band and swing style music. It successfully delivers the creativity so characteristic of the duo.

Andre 3000 sings on the *Idlewild* album, continuing the trait from the highly regarded and Grammy award-winning album *Speakerboxx/The Love Below*, while Big Boi provides the edgier side of the album which blends seamlessly into the era they were aiming for.

With addicting hooks and dance-worthy beats, the album proves once and for all, that



Courtesy of www.blackfilm.com

Outkast is here to stay and their talent in acting, either separate or together, is also something to look forward to in many more movies to come.

Ultimately, I think that *Idlewild* is a great movie that everyone should see, especially *Outkast* fans. As far as I am concerned, both Andre 3000 and Big Boi have successfully crossed over into the acting world, a feat not many can achieve but they have hit the nail on the head. I definitely give the movie four stars.



100 Word Reviews



Who put
 money into
 this?

by Darwyn Deyo
 Staff Writer

Disney has a new football movie out. As with most of their new pictures, it fails to live up to its predecessors. *Invincible*, starring Mark Wahlberg as the Eagle's unlikely star receiver Vincent Papale, would be better known as *Remember the Titans: The Prequel That Shouldn't Have Been*. Seesawing between depressing and comical, Wahlberg demonstrates his inability to act by continually walking away from the camera. Meanwhile the screenwriters couldn't write a basic ending. The movie ends after Papale finally makes a pro-football touchdown, transitioning to original film footage and notes on the rest of Papale's career. *Invincible* is anything but.

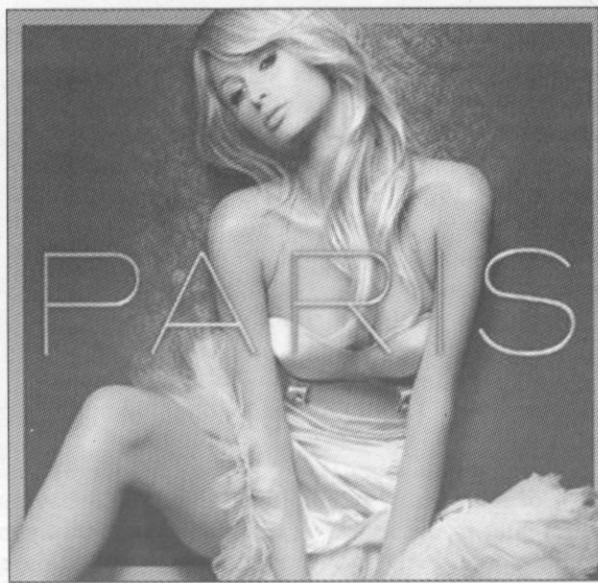
Paris opens her heart...and nothing comes out

Album Hilton thinks 'hot' is in fact 'not'

by Adrian Garro
 Staff Writer

When Don McLean sang of "...the day the music died" in his song *American Pie*, he might as well have been referring to the day Paris Hilton unleashed herself on the world. No, I'm not talking about her sex tape. I am referring to the release of her album, *Paris*. I cannot even begin to fathom how she managed to think of such a creative album title. I am even more confused how anyone could have possibly green-lit the project. Oh wait—Paris is disgustingly rich. It's refreshing to know that we still live in a country that allows spoiled, trashy socialites to make such an impression on all of us. God bless the USA.

If you do not know who Paris Hilton is, you must not have a pulse. She is the most famous person in our society today who has done ABSOLUTELY NOTHING to get herself where she is. Oh yeah, her parents own some hotel company....that might be a factor as to why she seems to be everywhere. She definitely wouldn't be such a figure in society had she come from a middle-class family...well, unless she was a porn star (which she basically already is anyway).



<http://www.rpp.com>

At any rate, her album is a perfect audio snapshot of the current musical landscape. It has everything: flat, bland club beats, over-produced, soulless vocals, and empty, pointless lyrics that don't really mean anything. It fits in well with most of what is currently popular, alongside such meaningful, poignant visionaries as Ashlee and Jessica Simpson, Lindsay Lohan, and Fergie. Should we really expect anything else from Paris?

I listen to almost everything,

and appreciate it for what it is. That is assuming, of course, there is *something* to appreciate. That is not the case with this album. How anyone could think this was actually a good idea is quite amazing.

As for the songs themselves, they're really something. Paris uses a sample from everyone's favorite British pseudo-reggae band UB40 in the single *Stars Are Blind*. She copies Cyndi Lauper's *Time After Time* in the insipid mid-tempo burnout *Heartbeat*. What's even worse, she brutalizes the

theme to *Grease* in the opening track *Turn It Up*. Apparently, 'grease' isn't the word anymore. It has been replaced with 'crap'.

It's very satisfying to see this album received so poorly. Maybe that means people actually realize spending money on this record would have been a waste. Anyone who did buy it would have been better off feeding their money to a dog. Paris doesn't need any more money anyway.

This CD is destined to end up in the 'We Really Don't Want This So Please Take It' section at a used record store in the next few years, alongside other musical gems such as the albums by JC Chasez, Nick Carter, and Justin Guarini. Don't remember who they are? That's a good thing.

This album came out at a good time, serving as a wake-up call to anyone who thought the musical landscape was in a healthy state. This fluff arrived just in time to exemplify perfectly the sorry state we are all in right now, if this is considered 'music.' Paris even closes out the album by covering the Rod Stewart classic, *Do Ya Think I'm Sexy?*

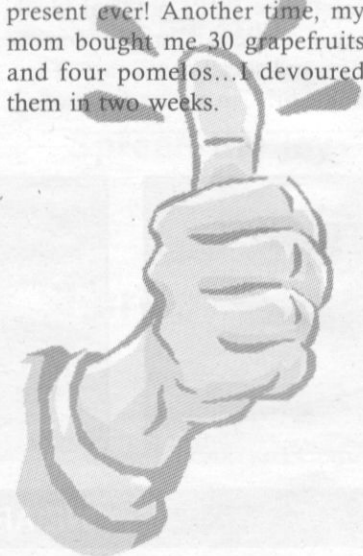
No, Paris, we don't. Please go away.

Our ears can only bleed so much.

Grapefruit rocks

by Linda Hua
 Editor-in-Chief

Grapefruit gets such a bad rap. I love grapefruit. Every time I say that, I get a weird look...kind of like the one I get every time I say that I don't like pizza—like that's weird or something? Anyway, the grapefruit is a lovely citrus, full of juice and just the right amount of tangy-ness. Just give me a half-pink-skinned ruby red and I'll love you forever—my eight-year-old cousin once did this. Needless to say, it was the best Christmas present ever! Another time, my mom bought me 30 grapefruits and four pomeios...I devoured them in two weeks.



The Collegian
DETOUR

SOO MUCH

by Whitney Medved
Detour Editor

Oftentimes critics are lightning-quick to label various actors, musicians, trends, etc. as "overrated". While I do not dispute the existence of this said list, I feel like there is a whole plethora of actors, foods, and other inanimate objects that just fail to get the recognition they deserve. This is why I have created an "underrated" list.

First off—blueberries. Growing up, grocery shopping sprees frequently yielded perfectly good plastic crates of succulent blueberries. Too many times the fruit cowered in the shadows of the more popular strawberries and radiant raspberries, until it was eventually pushed to the rear of the vegetable crisper drawer, mold being the only thing to feast upon the "big ol' fat boys," in the words of a friend.

It was not until recently that I re-discovered this phenomenal fruit. Aside from tasting positively delightful, and going well with just about anything, the fruit is basically exploding with antioxidant-goodness. This means it helps fight off all those gnarly free-radicals whose sole purpose in life is to break you down, leading to things like aging, illness and even cancer. Apparently there is also evidence that blueberries can aid eyesight—who woulda thought such a little guy could have such a big job.... Totally underrated.

Next, the old-school bar of soap and washcloth. We live in the zeitgeist of facial cleansers; where Jessica Simpson tells us how much we need Proactive to live, and a typical nightly face washing regime could take about a half hour and run through a whole laundry list of products. It's sort of hard not to be a consumer-whore when standing in front of the display wall at the local grocery store, and I'll be the first to admit that right now I am using this Neutrogena stuff that I swear I thought was melting my face off the first time I used it—apparently they call the sensation "invigorating." I digress...

Even in all their micro-scrubbing glory, these products got nothin' on an old-fashioned cleansing with a washcloth. A little bit of friction from a vigorous washing is sure to exfoliate along the way, and the best part is that the rag costs pennies and never runs out!

The next time you become annoyed and choose to label a person place, or thing as "overrated", pause for a second and try instead to think of something that gets underrated—clearly the other one already has too much publicity.

Random Cool Person Among Us
Laura England: Peanut butter, Diet Coke, and humility
Sophomore loves life despite having country for last name

by J. Harry Painter
Staff Writer

Idaho has produced few truly astonishing things throughout its history. Before *Napoleon Dynamite* was released, the state was known solely for its potatoes. Now it's known both for potatoes and that dreadful movie. Even the most uninteresting places have the capability to produce great people though.

One such person is Laura Boots England '09. Born on March 30, 1987, Laura lives life just to live life. Yes, her hometown is Lewiston, Idaho. But don't expect to catch her watching *Napoleon Dynamite* anytime soon. "I didn't see it until I heard all the funny quotes, so it wasn't funny when I watched it," Laura bitterly declares. Nor does she grow potatoes in her backyard. "All the stereotypes [of Idaho] are true, except in Northern Idaho there are no potato farms," she complains.

While she may not love potatoes, Laura does love ice cream and peanut butter (not necessarily together). Despite her supposed love for peanut butter, she was not able to recall the one thing that any peanut butter lover should know, the name for the fear of peanut butter sticking to the roof of one's mouth: arachibutyrophobia.

One will most often find Laura

in her room with her roommate Stephanie. Laura said, "I like my roommate, Stephanie. She takes care of me. She brought me a chocolate muffin this morning." Now that's a keeper.

When she's not listening to pop punk bands like Homegrown and The Ataris, watching Disney movies with Stephanie, or tending to her pet vacuum cleaner Regina, she's out doing exciting things like playing tennis or visiting Italy. Last summer, she studied abroad in Italy, seeing cities such as Pompeii, Rome, Capri, Naples, Positano, and Sorrento (Can't really blame her, it was between that and Idaho).

While she is reluctant to talk much about her time there, she does have one comment: "The people where we stayed in Sorrento all owned like three cars. The stereotype is that everyone walks, and it's just the tourists who walk. The people who live there drive everywhere."

Laura is very forward when it comes to the touchy subjects such as life ("I have no fear"), politics (President Bush is "huggable"), religion ("I don't go to church"), and Ally McBeal ("I'm pissed off that it's not on DVD").



J. Harry Painter/COLLEGIAN

Laura England '09, and her buddy Regina.

comes to choosing products. She prefers PCs over Macs, but only because "My dad bought it for me." She has no preference between cable and satellite, pointing out that for the first 15 years of her life she had only three channels at home. When it comes to the cola debate though, her mind is made up easily. She prefers Coke over Pepsi, but only Diet—"I won't drink regular Coke."

As far as her love life goes, don't expect to get a date anytime soon with Laura. While she doesn't plan to settle down yet, she's about as unavailable as it gets. "I've been dating the same boy for four years almost," she says with a dreamy smile.

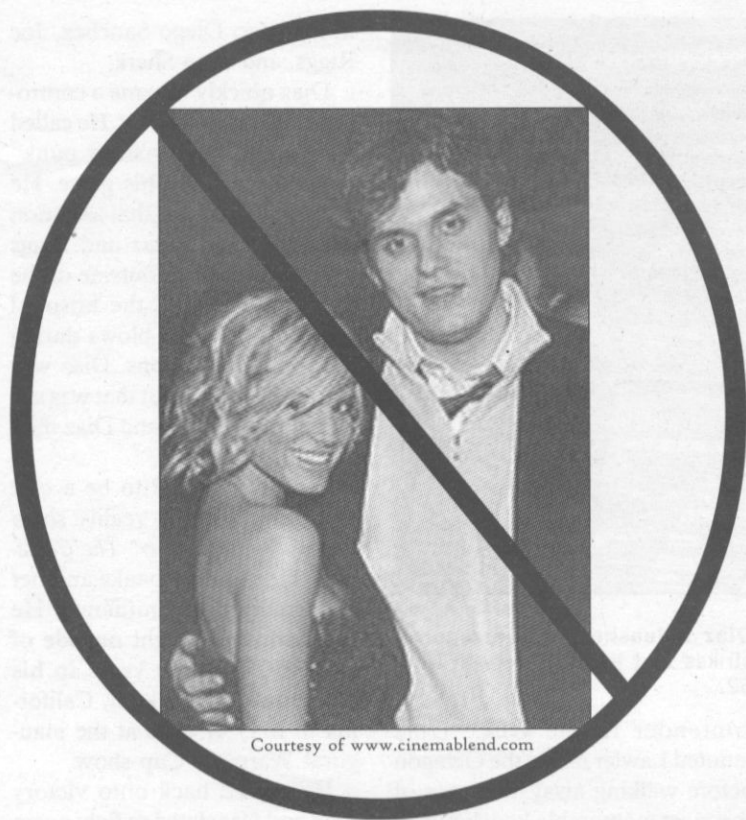
The most admirable quality about Laura England is that she refuses to change for anyone. She is happy with the way she is. Most people would

love to be rich and famous, but not this girl. "I don't think I would want to be a celebrity. I think I already think too much of myself," she humbly reveals.

I'd be lying if I said Laura wasn't the most exciting thing to happen to Idaho since mashed potatoes.

Laura is pretty neutral when it

Bad Plan of the Week



Courtesy of www.cinemablend.com

Word on the street is John Mayer is into Jessica Simpson, and Warner is not happy about it. Now she's 'waiting on his mind to change' about this not-so-pleasant 'public affair.'

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WIN A PRIVATE PERFORMANCE
BY TEDDY GEIGER

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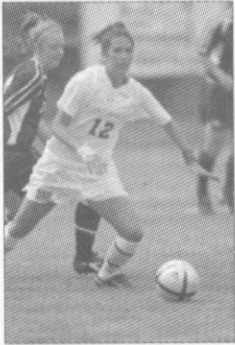


Check out Teddy's album *Underage Thinking*. Available now. www.teddygeigermusic.com

The Collegian
SPORTS

**Players
of the Week**

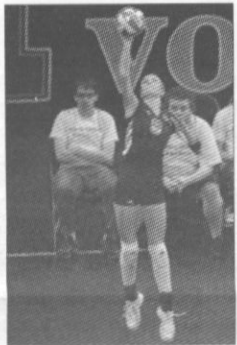
McKenna Belzer



Courtesy of smcgaels.com

In the California Tournament last weekend, senior McKenna Belzer recorded her second and third points of the season. Last weekend, Belzer assisted Nikki Shrey on the lone goal for the Gaels against Cal State Fullerton and scored her first goal of the season against Kansas University.

Lauren Holland



Courtesy of smcgaels.com

Coming back from an injury-plagued season, Senior Lauren Holland came in to replace Missie Stidham in Saturday's match against Long Beach State. In doing so, she recorded a career high in both kills and digs: 13 kills and 15 digs.

**Sports
Calendar**

Thursday, September 7
**Women's Soccer
vs. Vanderbilt**
4:30 p.m.

Volleyball @ Long Beach
7:30 p.m.

Friday, September 8
**Men's Soccer
vs. Bowling Green**
4 p.m.

Volleyball vs. Idaho @ Long Beach
5 p.m.

Saturday, September 9
Women's Soccer vs. Air Force
9 a.m.

Cross Country
@ UC Davis Invitational
9 a.m.

Sunday, September 10
**Men's Soccer
vs. UC Riverside**
11 a.m.

Men's soccer can't capitalize
Gaels lose heartbreaker in double overtime

by **Frankie Mangini**
Sports Editor

The Gaels lost their home opener last weekend in the second overtime period.

After being shut down in the first 100 minutes of play, the Cal Poly Mustangs finally found a way to beat junior Gael goalie, Brian Mason. With just five minutes remaining in the game, substitute Jose Garcia scored the game winner after a quick pass from midfielder Julian Alvarez.

The game winner came just two minutes after freshman Dylan Leslie was sent off with his second yellow card, causing the Gaels to play shorthanded for the remainder of the game.

The Gaels had many opportunities. Out-shooting the Mustangs 9-8 and registering four shots on goal in overtime, the Gaels failed to score.

Despite outplaying the Mustangs in the entire first half, the Mustangs weathered the storm and in the overtime periods, shut down the Gaels holding them shotless.

Throughout the entire game, the Mustangs only took five shots on goal, scoring on their last.

This was the fourth game in a row that the Gaels have given up just one goal.

Last Thursday, the men's soccer team played the San Jose State Spartans and were defeated 1-0,



Annie Douglass/COLLEGIAN

Junior David Blanchard slide tackles a Cal Poly attacker. Blanchard's hard work was only part of the entire team's defensive effort.

despite holding the Spartans to just three shots on net.

Spartans' midfielder Hiroki Akiyama scored the game winner in the 28th minute from 25 yards out to the near post, beating the Gaels' goalie Mason.

The Gaels took 23 shots and could not score. The Gaels' leading scorer, Carlos Diaz, shot six attempts.

Despite the Gaels taking 18

shots in the second half, the Spartans' goalkeeper, Richard Mann, recorded his first shut-out of the year, making six saves.

With the two losses, the Gaels' record drops to 1-2-1 for the year.

They will return to action this next weekend when they host Bowling Green in the Saint Mary's Classic on Friday, September 8 at Saint Mary's Stadium at 4 p.m.

**Saint Mary's Classic
Soccer Tournament**

Featuring:

**Saint Mary's,
UC Riverside,
Bowling Green &
Sacramento State**

Fri., Sept. 8 - Sun., Sept. 10

There is no submission in Nick Diaz
UFC fighter returns to UFC 62 after fall from grace



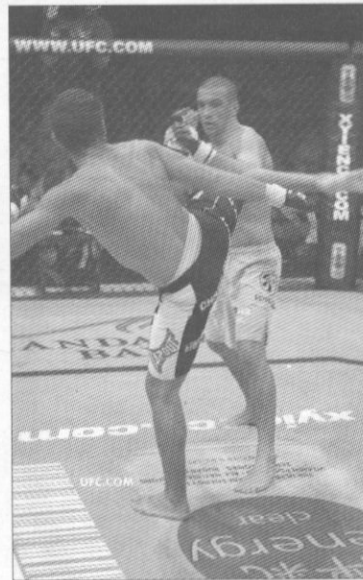
DANNY ACOSTA

Nick Diaz could be the next UFC welterweight champion in his 170-pound weight class. The Mixed Martial Arts (MMA) world considers Nick Diaz a contender and has since 2003.

Diaz spent his 18th birthday training for his first fight. He won his first bout two weeks later. This type of dedication is what Diaz brings to his camp: Cesar Gracie Jiu-Jitsu. At 23 years old, Diaz is a brown belt under the first family of the ground game. He teaches, trains, and runs marathons. He is also a professional boxer. To borrow a cliché from the MMA gods: fighting is life.

Diaz holds a professional MMA record of 13-6. Diaz's ascendance to fight fame came when his trilogy against Jeremy "Scorpion" Jackson culminated at his UFC debut. Diaz inched out a victory by armbar and was to be fed to the lion in his next fight.

"Ruthless" Robbie Lawler's highlight reel knockouts made him the most feared welterweight



Courtesy of sherdog.com

Diaz unleashes the barrage of strikes that led to victory at UFC 62.

contender in the UFC. Diaz taunted Lawler inside the Octagon before walking away with one of the most memorable knockouts in UFC history. Lawler's face plant solidified Diaz's contender status in only six minutes.

Diaz soon learned the hard lesson of loss. He lost to Olympian Judo-specialist Karo Parysian in a classic ground battle. The resilient Diaz came back with two victories in a row. Back in the welterweight title picture, he lost three

in a row to Diego Sanchez, Joe Riggs, and Sean Sherk.

Diaz quickly became a controversial figure in MMA. He called Sanchez a "reality show punk" that did not earn his place. He did not waver from that assertion even in defeat. Diaz and Riggs took their fighting outside of the Octagon and into the hospital where they traded blows during post-fight evaluations. Diaz was tough all around, but that was not enough. The UFC and Diaz then parted ways.

Diaz was slated to be a cast member on UFC's reality show *The Ultimate Fighter: The Comeback*. He decided to take another road to fight prominence. He fought his first fight outside of the UFC in three years in his hometown of Stockton, California in May of 2006 at the inaugural Warrior's Cup show.

He turned back onto victory road and was slated to fight again in August. Prior to fight night, the California State Athletic Commission was unable to sanction the fight for undisclosed reasons. The infuriated fans at the Stockton Arena were unknowingly in for a treat. While they were unable to see Diaz fight in person, they were able to watch their hometown hero return to

the UFC's 62nd pay-per-view as a late replacement. If he had fought in Stockton, he would have been unable to compete in his return to the Octagon.

Josh "The Dentist" Neer of Militech Fighting Systems earned his nickname in nearly one-hundred amateur and professional MMA fights. Diaz stated in a pre-fight interview that he was "unimpressed" with what he had seen of Neer. If Neer was unimpressive, it was because Diaz was overwhelmingly impressive. A third round submission victory reintroduced Nick Diaz to the MMA world.

He is now known as Nick "Diablo" Diaz. While people question Diaz's attitude, there is no debate about Diaz's toughness. He has never been knocked out. He has not been stopped since 2001- the only stoppage of his career. He has never been submitted.

Despite suffering tough losses, Diaz once again claims the Octagon as his backyard. With a rumored fight against Josh Koscheck at UFC 64, Diaz can step back into title contention.

When 2007 arrives, look for Nick Diaz to strive to do more of the same.

The Collegian
SPORTS

Cross country running in right direction

Making pre-season training worth the while

by **Stefanie Ordoeza**
Sports Editor

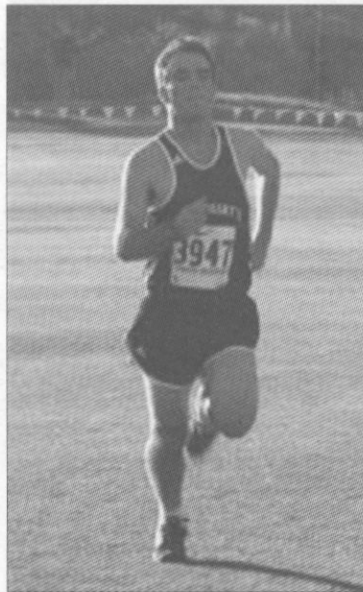
After undergoing pre-season training since August 18th, the men and women's cross country teams are now ready to compete in their first event, the Aggie Invitational. "Based on the work we've done in the pre-season, we're much more prepared," said Coach Randy Rau. "Pre-season training has been going great."

So with the pre-season finally over and the official cross country season now under way, both the men and women's cross country teams look forward to improve on last season's results, finishing eighth in the West Coast Conference (WCC).

But with the loss of a few of last season's top runners, Travis Biziorek '06 and James Bolger '06 for the men's team and Jamee Thomson '06 for the women's, both teams will be expecting great results from all their runners this season, including freshmen Haley Hunsaker and Erin Flinn, both of which Rau found really impressive in their pre-season performances.

As for returning runners expected to make an immediate impact, there are quite a few to mention.

Returning runner for the men's team expected to lead the team this season is lone senior Sean



Courtesy of smcgaels.com



Courtesy of smcgaels.com

Top runners Sean Hanley '07 and Clare Schwallie '07 return to the Gaels this year in hopes of leading the team to an improved WCC finish.

Hanley, last season's Most Valuable Runner. Hanley competed in all seven races last year and led the Gaels in five of them. Hanley ran his personal best at the Santa Clara Invitational running the 8K event in 27:44.

This year, he will be serving as team captain and expects great progress for both himself and the entire team this season. "We've been able to train better. And even though we're a smaller team, we'll be a better team," said Hanley.

Top runners, Clare Schwallie '07, Deanna Price '07 and Karrie Hagedorn '08 will be the return-

ing this season for the Gaels. Clare Schwallie, last season's top runner for the women's team, participated in six races last year and ran her personal best at the Stanford Invitational in the 6K event clocking a time of 24:07, the eighth fastest time in women's Gael history. Deanna Price and Karrie Hagedorn both competed in all seven races last season and placed in all of them.

However, the runners' performances are not the only essentials to both teams' success. Coach Randy Rau's training and expertise will be a determining factor

as well.

Having coached the Gaels for seven years, Rau has already made significant marks in Gael cross country history. Upon his arrival in 1999, he led the men's team to a second place finish in the WCC and was named WCC Coach of the Year.

Throughout the following years, four of Rau's runners were selected to the All-WCC team, one runner was named Freshman of the Year, and records were shattered- with 29 out of the 30 fastest times in Gael history recorded by runners under his guidance.

With a few new faces, Gael cross country desires to move the program in the right direction. Rau said, "They all want to improve. We all want to get better."

Gael cross country will officially start their season this weekend at the Aggie Invitational in Davis, CA. "It's a new season and a new team. We're excited and ready to race," said Rau.

This Week's Sports Trivia

1. Which team won the last WCC championship for the Gaels?

- a. Men's basketball
- b. Men's golf
- c. Women's basketball
- d. Women's volleyball

Bonus: What year?

2. Men's soccer recorded the most wins in program history last year with how many wins?

- a. 18
- b. 9
- c. 5
- d. 13

3. What sport no longer exists here but yet has two Hall of Fame inductees?

- a. Boxing
- b. Bowling
- c. Track & Field
- d. Men's volleyball

For answers, go to www.smccollegian.com

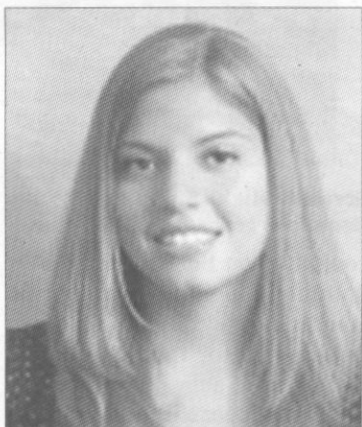
Become part of our team!

The Collegian Sports Section

x4279

Sports journal: Claudia Aguilera

The life of a cross country runner



Courtesy of smcgaels.com

My name is Claudia Aguilera. I am a senior and a Division I Cross Country runner. I am majoring in the Teachers for Tomorrow Program (Elementary Education) with a minor in Health Education, and I find that my life as an intercollegiate Cross Country runner is very time consuming and at the same time enjoyable.

As a Division I runner, I make a great deal of dedication to running by training all year long and balancing a nutritious, healthy diet. Along with dedicating a great deal of my time to cross country, I also have to make time for: studying, a social life, and a part-time job.

Many think that cross country runners just run around every-

where, but that's not all cross country is. Cross country consists of double days of running, along with strength training/conditioning, abdominal workouts, and weight training. Our coach, Randy Rau plans our workouts. Mondays, Wednesdays, Fridays, and Sundays are our long runs, where you see us running around Moraga, and Tuesdays and Thursdays are our hard days, which consist of speed training (track workouts, intervals, hill repeats, tempo runs, etc).

What do I go through every day? Every morning I roll out of bed at 6:30 to make it to morning practice at 6:45. Morning practices consist of a 2-4 mile run, along with strength training/conditioning exercises. After morning practice I have class and work, followed by our second practice at 4:00 p.m., when we have our more intense workouts, which vary from 5-10 miles. Along with training, as a runner I must drink a lot of water and make sure I consume the necessary nutrition for my performance.

As a senior Division I athlete, I can say I have gone through a great transition from a freshman to a senior. As any student athlete, we all experience struggles

such as: injuries, illnesses, relationship issues, and many other problems. We all have our ups and downs, some of us more downs than others. Since I have been in college, I have been through a lot and luckily, have learned from all my experiences. These experiences have made me the person that I am now. I sometimes tell myself that I wish some of the struggles that I encountered never occurred, but these past experiences only have made me stronger as a person.

Despite the fact that I sometimes find myself extremely overwhelmed with my busy schedule as a student athlete, I enjoy cross country a great deal. I have been running cross country since my sophomore year in high school and plan to run and stay fit for the rest of my life. This is my senior year and my last season, and my goal is to give it all that I have and try to make this last year my best!

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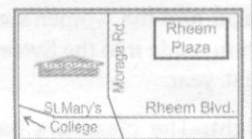
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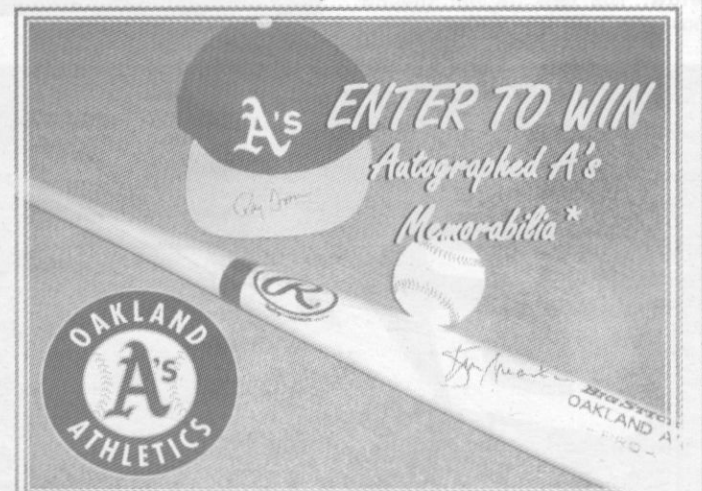
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Gaels stumble in Huskers' tournament

by Zack Farmer
 Managing Editor

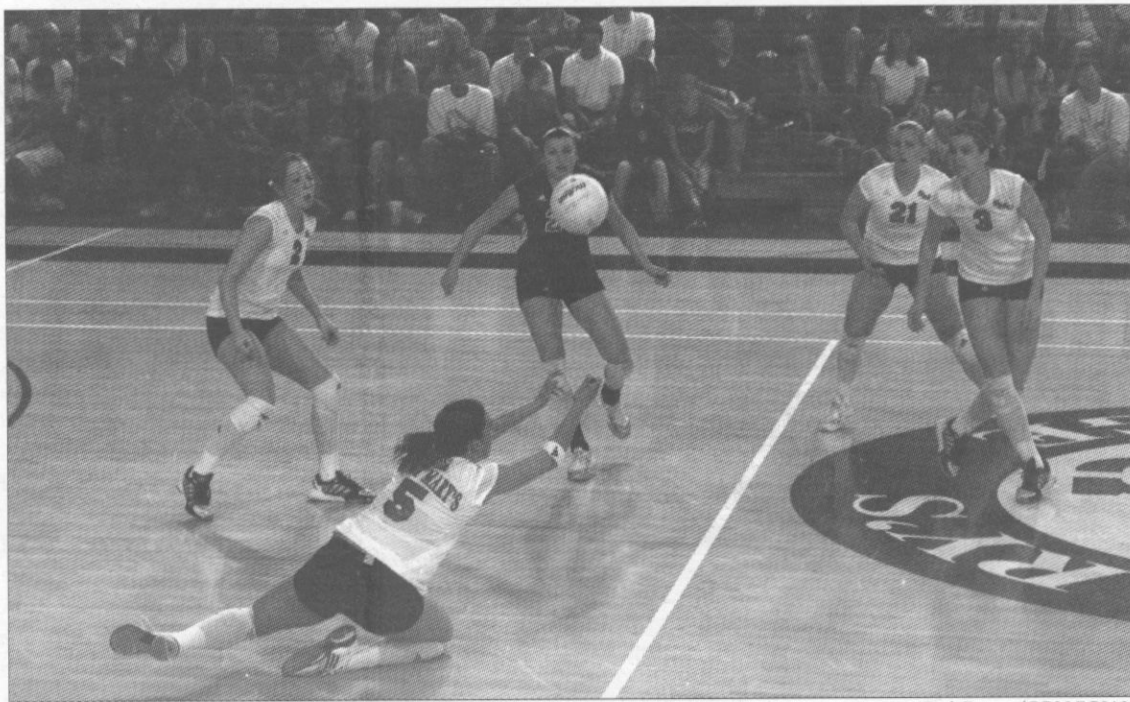
After starting the season 3-0, the Gaels dropped three matches this weekend at the Nebraska Tournament to even their record at 3-3.

The volleyball team had three tough matches starting with #1 Nebraska on Friday.

The Gaels fell in three sets after a strong opening set. In the first set, the Gaels led 13-11 and later 18-17 but could not hold on against the Cornhuskers. "We gave up one string of points in the first set," said Coach Rob Browning. "They are a very, very good team."

Missie Stidham '08 led the team in kills (9) and digs (14).

On Saturday, the Gaels played five sets and fell to Long Beach State 15-7. Stidham, who recorded 15 kills, was replaced by senior Lauren Holland due to a sore knee. Holland had a career match with 13 kills and 15 digs. "She did a good job for us," said Browning. "She stepped up and played pretty well at the end."



Zack Farmer/COLLEGIAN

The women's volleyball record falls to 3-3 for the season after defeats in the Huskers' tournament in Nebraska.

Taylor Groess '09 had a career high 19 kills in the match.

Afterwards, Browning talked to the team about dealing with the losses. "We talked to the team

about adversity," said Browning. "We need to dictate what the course is."

The final match of the weekend was not dictated as Brown-

ing wanted and the Gaels fell in five sets to Middle Tennessee State. The Gaels led 8-3 in the final set before the Blue Raiders rolled off five consecutive points

to tie. The Gaels lost the game on a service error, giving the match to the Blue Raiders 15-13.

Lauren Jaeckel '10 had 11 kills with a .450 kill percentage against Middle Tennessee State. The freshman also posted four kills against Nebraska. "She's doing well," said Browning. "There are some things she's way behind in because she's a freshman, but we're really happy."

Christina Kirk '07 recorded 34 kills over the weekend while posting a .347 kill percentage.

Browning is not pleased with the results so far but he is confident that his team will get better. "We're not really good right now," Browning said. "We got to keep from getting discouraged. We're not at full strength right now. We'll get healthy and we'll get better."

The Gaels will play the Long Beach State 49ers again tomorrow on the road. After playing the 49ers on Saturday, the Gaels are familiar with their opponent. Browning said, "We can play with that team."

McKeon Pavilion gets a facelift

Adding spirit to GaelForce's stomping grounds

by Zack Farmer
 Managing Editor

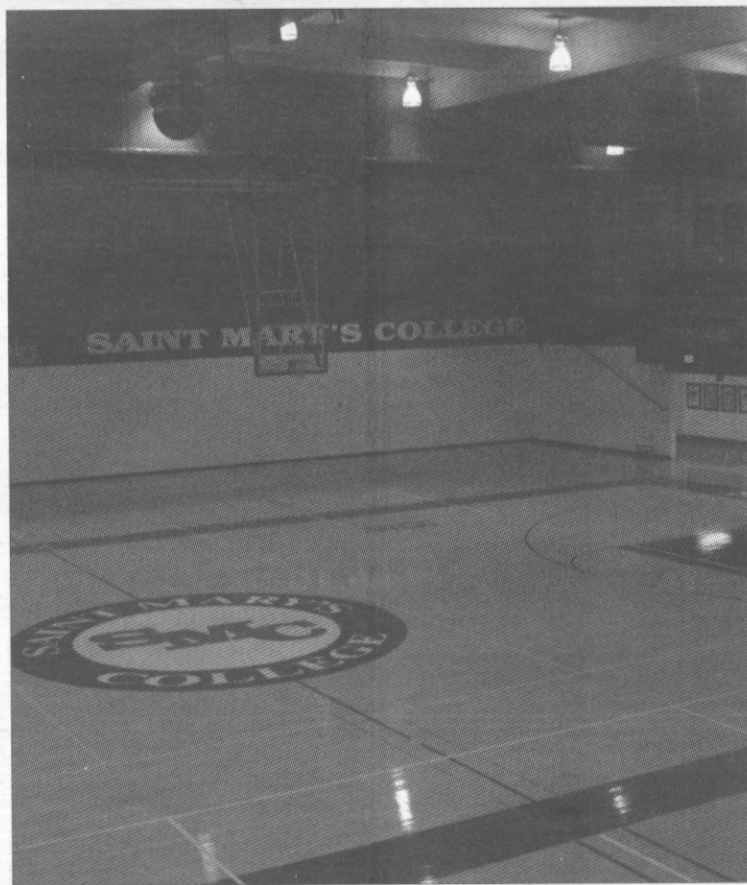
McKeon Pavilion, home of the volleyball and men's and women's basketball teams, went under renovation this summer and is expected to be completed by the volleyball team's first home game on Sunday, September 24.

Some of the changes to the 28-year-old facility will be a revamped VIP section, painted bleachers for the student section, a GaelForce banner across the railing behind the student section, and completely new chair-back seats behind the team benches for the lower reserved section.

The gym's floor was renovated in 2004. The men's basketball team went to the NCAA Tournament and the women's volleyball team made it to the Sweet Sixteen that year.

Right: The bleachers have been taken out and will be replaced with chair-back seats.

Below: The new banner placed above the GaelForce section.



Zack Farmer/COLLEGIAN



Zack Farmer/COLLEGIAN

Third time isn't a charm

Women's soccer drops three in a row

by Megan Manley
 Staff Writer

After being dealt their first loss of the season by the Sacramento State Hornets last Thursday, the Saint Mary's women's soccer team went into the California Invitational hoping to rebound back and tally a few wins. With the 1-0 loss in double overtime to the Hornets, the Gaels' record stood at 1-1.

On Friday, September 1 the Gaels encountered their second straight loss of the season when they faced the #15 Cal State Fullerton Titans in the California Invitational.

Coming into the game in full force, the Titans scored their first goal just 5:34 into the game. Candice Byler scored the first goal for the Titans with a shot past Gael goalkeeper, Noelle Brown. The Gaels came back with their own goal just 20 seconds later when sophomore Nikki Shrey stole the ball from Titans' McKenna Belzer, nabbing her first goal of the season and tying the game 1-1 at the half.

The Gaels dominated the first half, taking five shots on goal. Titan goalkeeper Karen Bardsley recorded four saves in the first half and 10 saves for the game, allowing the Gaels only one goal the entire game. The Titans then took the lead, as Desiree Flint scored the game winner, a header, in the 74th minute.

Though the Gaels out shot the Titans 12-9 and had 11 shots on goal, the Gaels' effort still resulted in a loss, dropping their season record to 1-2.

The California Invitational



Courtesy of smcgaels.com

Forward Nikki Shrey scored the Gaels lone goal against the Titans.

continued on Sunday, September 3, where the Gaels took on the Kansas Jayhawks. Less than two minutes into the game, the Jayhawks' Lacey Novak tallied the first goal of the game and her second of the season. The Gaels rallied back when senior McKenna Belzer scored her first goal of the season. Again, the score was tied 1-1 at the half.

The Jayhawks came out running in the second half, scoring three more goals. The Gaels only tallied one more goal in the 65th minute of play, scored by red-shirt freshman Allie Weiner and assisted by freshman Jessica Menzhuber.

With these two losses, the Gaels fall to 1-3 on the season.

Now, the Gaels prepare for the Saint Mary's College Soccer Classic later this week at Saint Mary's Stadium. The Gaels will take on Vanderbilt University on Thursday, September 7 at 4:30 p.m. and Air Force on Saturday, September 9 at 9:00 a.m.